

REPORT KEY

The Sport Team Culture Assessment Survey informs **(1)** four areas of athlete performance, and **(2)** four areas of coaching. The areas include

- 1.1 Competitive Greatness
- 1.2 Personal and Team Integrity
- 1.3 Selfless Teamwork
- 1.4 Grounded Self-Awareness & Growth Mindset
- 2.1 Communication to Clarify & Reinforce Expectations
- 2.2 Targeted Practice for Habit Development & Growth
- 2.3 Accountability through Support & Challenge
- 2.4 Mental Preparation and Mindset Formation

1. Team Culture Among Student-Athletes		
1.1	Student-Athlete Performance: Competitive Greatness	3.86 ↑ 3.91 ↑
1.2	Student-Athlete Performance: Personal and Team Integrity	3.99 ↑ 3.78 ↑
1.3	Student-Athlete Performance: Selfless Teamwork	3.95 ↑ 3.92 ↑
1.4	Student-Athlete Performance: Grounded Self-Awareness & Growth Mindset	3.64 ↓ 3.81 ↑

2. Coaching for Optimal Performance		
2.1	Coaching: Communication to Clarify and Reinforce Expectations	4.10 ↑ 4.05 ↑
2.2	Coaching: Targeted Practice for Habit Development and Growth	4.42 ↑ 4.34 ↑
2.3	Coaching: Accountability through Support & Challenge	4.36 ↑ 4.01 ↑
2.4	Coaching: Mental Preparation and Mindset Formation	4.31 ↑ 4.11 ↑

SUMMARY REPORT

Summary Report presents scores on the Poor-to-Optimal performance scale, shown both graphically and numerically.

Survey Data Summary

The first page in the Summary Report shows aggregated results for the eight areas listed above—the area scores.

Data Detail

The remaining pages in the Summary Report show each area aggregated score plus all individual item (question) scores in this area.

Survey Items

Item tables show frequencies (percentages of responses to each response option), means, standard deviations, and valid Ns for each item (question). The items are listed in the same order as in the Summary Report.

Comments

Comments are presented as submitted without any edits.

SCORES

Respondents answer questions on a 1-5 scale: 1 = poor, 2 = fair, 3 = good, 4 = very good, and 5 = excellent.

Area scores and individual item scores are calculated as averages (means) and then broken down into the following four categories indicated by color and an icon on the right-hand side of the score:

Optimal performance: Maintain current focus and attention	Scores ≥ 4.5	
Approaching optimal performance: Build on current focus and attention	Scores ≥ 3.75 and < 4.5	
Area of opportunity: Intensify focus and attention	Scores ≥ 3 and < 3.75	
Area of concern: Commit to intensive effort & focus on improvement	Scores < 3	