

## Data Report At a Glance

### Part A

#### Team Culture Among Players

- 1.1 Competitive Greatness
- 1.2 Personal and Team Integrity
- 1.3 Selfless Teamwork
- 1.4 Grounded Self-Awareness & Growth Mindset

1. Team Culture Among Student-Athletes		
1.1 Student-Athlete Performance: Competitive Greatness		3.86 ↑ 3.91 ↑
1.2 Student-Athlete Performance: Personal and Team Integrity		3.99 ↑ 3.78 ↑
1.3 Student-Athlete Performance: Selfless Teamwork		3.95 ↑ 3.92 ↑
1.4 Student-Athlete Performance: Grounded Self-Awareness & Growth Mindset		3.64 ↓ 3.81 ↑

### Part B

#### Coaching for Optimal Performance

- 2.1 Communication to Clarify & Reinforce Expectations
- 2.2 Targeted Practice for Habit Development and Growth
- 2.3 Accountability through Support and Challenge
- 2.4 Mental Preparation and Mindset Formation

2. Coaching for Optimal Performance		
2.1 Coaching: Communication to Clarify and Reinforce Expectations		4.10 ↑ 4.05 ↑
2.2 Coaching: Targeted Practice for Habit Development and Growth		4.42 ↑ 4.34 ↑
2.3 Coaching: Accountability through Support & Challenge		4.36 ↑ 4.01 ↑
2.4 Coaching: Mental Preparation and Mindset Formation		4.31 ↑ 4.11 ↑

## SUMMARY REPORT

Survey Data Summary

Data Detail

Summary Report presents scores on the Poor-to-Optimal performance scale, shown both graphically and numerically.

Aggregated scores for each of the eight areas allow for a quick overview of the overall results for the team.

The remaining pages in the Summary Report show individual question scores in each area allowing for a deeper understanding of the findings.

Item Tables

Item tables show frequencies means, standard deviations, and valid Ns for each question, organized in the same order as in the Summary.

Comments

Comments are presented as submitted without edits and without any individual-identifying indicators.

## Scores

Respondents answer questions on a 1-5 scale: 1 = poor, 2 = fair, 3 = good, 4 = very good, and 5 = excellent.

Area scores and individual item scores are calculated as averages (means) and then broken down into the following four categories indicated by color and an icon on the right-hand side of the score:

Optimal performance: Maintain current focus and attention	Scores $\geq 4.5$	✓
Approaching optimal performance: Build on current focus and attention	Scores $\geq 3.75$ and $< 4.5$	↑
Area of opportunity: Intensify focus and attention	Scores $\geq 3$ and $< 3.75$	!
Area of concern: Commit to intensive effort & focus on improvement	Scores $< 3$	✗