

**HIGH SCHOOL SPORT  
TEAM CULTURE  
SURVEY**

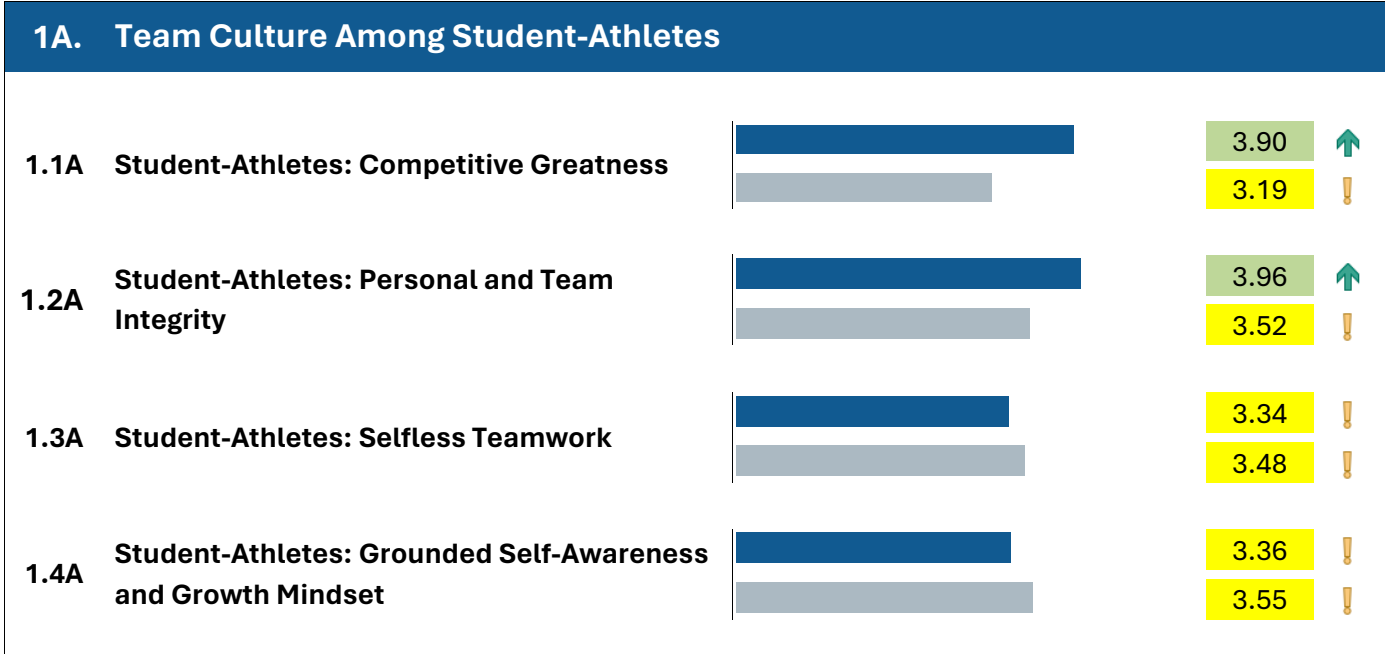
**SAMPLE**

**SUMMARY REPORT**

**2023-2024**

## Survey Data Summary

### Sample High School Spring Sports (2023-2024)



















Spring SAs: N = 425



Spring Coaches: N = 41









Optimal performance:	Scores $\geq 4.5$		
Maintain current focus and attention			
Approaching optimal performance:	Scores $\geq 3.75$ and $< 4.5$		
Build on current focus and attention			
Area of opportunity:	Scores $\geq 3$ and $< 3.75$		
Intensify focus and attention			
Area of concern:	Scores $< 3$		
Commit to intensive effort & focus on improvement			

## Survey Data Summary

### Sample High School Spring Sports (2023-2024)

2A. Coaching for Optimal Performance			
2.1A	<b>Coaching: Communication to Clarify and Reinforce Expectations</b>	 3.86 	 4.13 
2.2A	<b>Coaching: Targeted Practice for Habit Development and Growth</b>	 3.58 	 4.09 
2.3A	<b>Coaching: Accountability through Support and Challenge</b>	 3.22 	 4.03 
2.4A	<b>Coaching: Mental Preparation and Mindset Formation</b>	 3.36 	 3.72 

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Area of opportunity: Intensify focus and attention	Scores $\geq 3$ and $< 3.75$	 
Area of concern: Commit to intensive effort & focus on improvement	Scores $< 3$	 

Data Detail: Sample High School Spring Sports (2023-2024)

<b>2.3A</b>	<b>Coaching: Accountability through Support and Challenge</b>		3.22
			4.03
	Performance of coaches on:		
	41) ... continuously building camaraderie and connectedness in the team.		3.71
			3.95
	42) ... creating a culture of trust where student-athletes feel safe to express their feelings or concerns to the coach(es).		2.99
			4.07
43) ... appreciating contributions of all student-athletes to team success, no matter how big or small their role.		3.61	
		4.34	
44) ... helping student-athletes resolve issues between team members that are negatively impacting team culture.		2.83	
		3.24	
45) ... consistently holding student-athletes accountable for upholding team rules, standards, and expectations.		3.20	
		4.30	
46) ... giving fair consideration to issues or concerns raised by student-athletes.		2.97	
		4.23	

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<b>2.4A</b>	<b>Coaching: Mental Preparation and Mindset Formation</b>		3.36 !
			3.72 !
	Performance of coaches on:		
	47) ... helping student-athletes to monitor stress and take productive steps to manage it.		3.63 !
			3.88 ↑
	48) ... cultivating emotional strength and resilience in the face of adversity.		3.11 !
			3.27 !
	49) ... showing student-athletes how to focus on things that are within their control.		3.86 ↑
		4.00 ↑	
50) ... helping student-athletes learn to reframe mistakes or setbacks in a productive way.		3.70 !	
		3.88 ↑	
51) ... helping student-athletes to grow in confidence, overcoming their fears and doubts.		2.74 ✘	
		3.17 !	
52) ... fostering positive energy and joy in competition within the team.		3.09 !	
		4.12 ↑	

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Build on current focus and attention			
Area of opportunity:	Scores $\geq 3$ and $< 3.75$		!
Intensify focus and attention			
Area of concern:	Scores $< 3$		✘
Commit to intensive effort & focus on improvement			



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**ASSESSMENTS**

# SPORT TEAM CULTURE SURVEY

Leaders shaping **Culture** and **Character**  
for **Optimal Performance**

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The Robert D. and  
Billie Ray Center

Phone: 515-271-1910

email: [raycenter@drake.edu](mailto:raycenter@drake.edu)

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